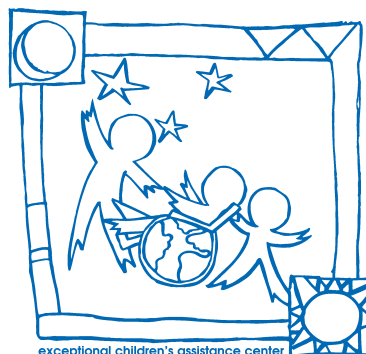


# North Carolina Family-to-Family Health Information Center

“committed to providing information, referral and education to those caring for children with disabilities or special health care needs”



**The NC Family to Family Health Information Center (HIC)**  
is a project of the Exceptional Children's Assistance Center (ECAC)  
and is affiliated with Family Voices of North Carolina.  
Funded, in part, by Health Resources and Services Administration (HRSA).



For more information about the NC Family-to-Family Health Information Center contact:

Exceptional Children's Assistance Center (ECAC)  
907 Barra Row, Suites 102/103  
Davidson, NC 28036

Wendy Ward  
**(704) 892-1321, ext. 35**

**Fax (704) 892-5028**

HIC@ecacmail.org

www.ecac-parentcenter.org

Parent Information Line:

**1-800-962-6817, ext. 35**

Se Habla Español

FAMILY VOICES®



## North Carolina Family To Family Health Information Center

*A beacon for families of children with special health care needs.*

The NC Family-to-Family Health Information Center is a project of the Exceptional Children's Assistance Center

(704) 892-1321, ext. 35  
1-800-962-6817, ext. 35

[www.ecac-parentcenter.org](http://www.ecac-parentcenter.org)

# Let the NC Family to Family Health Information Center help you navigate your health issues...



Parents and families with children that have special health care needs often need help navigating the complicated issues surrounding health care.

The NC Family to Family Health Information Center (F2FHIC) can help you and your family by providing the information needed so you can make the best choices.

Our goal is to help keep your child healthy by promoting regular medical care and to make the most of the benefits that are available for your special needs child.

The F2FHIC provides information, education, referrals and workshops to families, support groups and providers to promote access to community based, self-directed services.

Learn about programs and benefits in NC that will empower you to keep a strong family unit that can support your special needs child in your home and community.

*All services are provided at no cost!*

- Newsletters - “The Beacon”, “Newline” & “Empower”
- Health care fact sheets on a wide variety of topics
- Lending library
- Parent info line answered by parents
- Workshops for families, support groups, and service providers
- Individual assistance with health care issues
- Information & referrals



Workshops are available on a variety of subjects including:

Private Health Insurance

Medicaid

CAP Waivers

Medicare

NC CHIP

Grief/Hospice

Health Department Programs

Medical Home

Transition

General Health Care/Record Keeping/Talking to Your Doctor

School Issues

Home Health Nurses and Personal Care Assistants

Mental Health Issues

Durable Medical Assistive Technology

If you are interested in planning a **FREE** workshop, please call the ECAC at

**1-800-962-6817, ext. 35**